

Rockland County Community Resources



Rockland Chapter

Alliance of local mutual support, advocacy, self-help groups and individual members at-large.

845-359-8787



Volunteer Counseling Services

Promote social justice for individuals, families & communities through counseling & community change.

845-635-5729



American Foundation
for Suicide Prevention

Hudson Valley Chapter

afsp.org

Information on Survivors of Suicide Loss Support Groups and other survivor resources.

914- 610-9156



Free, confidential support available to anyone in suicidal crisis or emotional distress.

1-800-273-8255

Center for Safety & Change Adult Abuse Hotline .845.634.3344
 Child Care Council 877.425.0009
 Department of Health 845.364.3771
 Department of Mental Health 845.364.2378
 Department of Probation 845.638.5533
 Department of Social Services 845.364.3100
 Hudson Valley Community Services 845.356.0570
 Hudson Valley Referrals 211
 Lexington Center 845.639.9701
 Rockland Alcoholics Anonymous 845.352.1112
 Rockland County Pomona Clinic Hotline 845.364.2275
 Rockland County Project Turning Point 844.540.7680
 Single Point of Access 845.364.2335



Provides compassionate, family oriented substance abuse treatment for adults and teens.

845-353-2730

Alcoholic Anon/Alcoholic teen Hotline 1.800.344.2666
 Eating Disorders Awareness/Prevention 1.800.931.2237
 Families Together 1.888.FAM.TOGH
 National Child Abuse Hotline 1.800.799.7233
 National Runaway Hotline 1.800.621.4000
 NYS Child Abuse Hotline 1.800.342.3720
 NYS Coalition Against Domestic Violence 1.800.942.6906
 NYS Coalition against Sexual Assault 518.482.4222
 NYS Parent Helpline 518.244.5373
 RAINN (Rape, Abuse & Incest National Network) 1.800.656.4673
 Substance Abuse Hotline 1.800.662.4357
 The Trevor Project (LGBTQ suicide prevention) 1.866.488.7386
 Unplanned Pregnancy Hotline 1.800.648.HELP



Mental Health Association
in New York State

Rockland County

Promotes mental health, recovery, empowerment and public awareness.

845-267-2172