

DSRIP Behavioral Health Community Crisis Stabilization Service Initiatives: Peer Services



What is DSRIP?

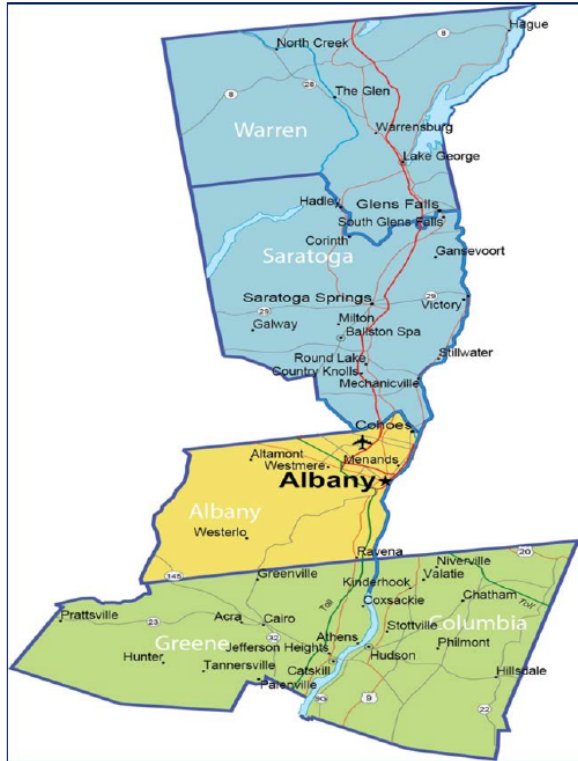
Delivery System Reform Incentive Payment Program

DSRIP's purpose is to fundamentally restructure the health care delivery system by reinvesting in the Medicaid program, with the primary goal of **reducing avoidable hospital use by 25% over 5 years.**

NYS Delivery System Reform Incentive Payment Program (DSRIP)

- Transform fragmented systems of care to increasingly integrated systems of patient-centered care that are better equipped to manage population health.
- NYS Medicaid incentive payment program that rewards providers for performance on delivery system transformation projects for and improved health outcomes of low-income patients.
- Built upon Performing Provider Systems (PPS): regional groups of hospitals, primary care providers, and community based organizations.

The BHNNY Performing Provider System



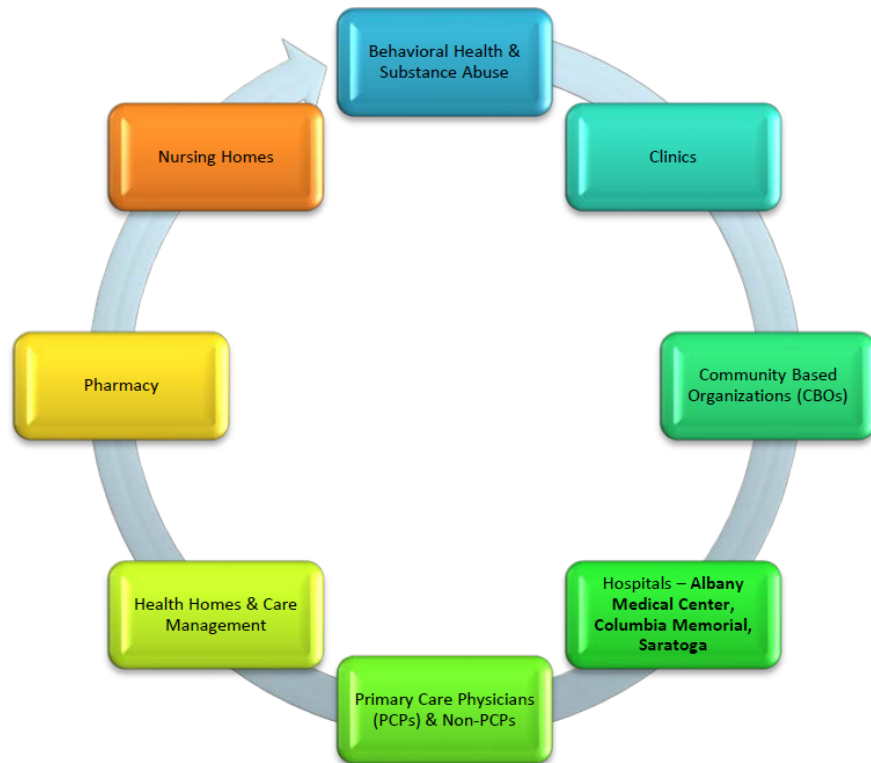
The PPS 5 County Area:

- Albany (Central Hub)
- Columbia (Southern Hub)
- Greene (Southern Hub)
- Saratoga (Northern Hub)
- Warren (Northern Hub)

Who is the BHNNY PPS?

Our partnering provider types include:

With Better Health Northeast New York as the lead organization, the BHNNY PPS consists of more than **175 community healthcare providers.**



BHNNY's DSRIP Behavioral Health Projects

- 1) The Integration of Primary Care and Behavioral Health Services
- 2) Behavioral Health Community Crisis Stabilization Services*

Behavioral Health Community Crisis Stabilization Services Project

- Project Objective: To provide readily accessible behavioral health crisis services that will allow access to appropriate levels of services and providers, supporting rapid de-escalation of the crisis.

List of Approved BH Crisis Stabilization Initiatives

- **Albany County Department of Mental Health**
 - Expansion of Mobile Crisis Team services
- **Rehabilitation Support Services, Inc.**
 - Crisis Diversion Program
- **Transitional Services Association, Inc.**
 - Enhanced Crisis Care Management Team
- **Mental Health Association of Columbia & Greene**
 - Expansion of Mobile Crisis Team services
- **The Addictions Care Center of Albany, Inc**
 - Addiction and Recovery Family Support Navigator Program

Albany County Department of Mental Health Initiative

- Key components:
 - Expand Mobile Crisis Team service to 24/7 service.
 - ↑staffing by three FTEs: 2 LMSWs and 1 Peer Specialist
- Certified peer specialist
 - Delivered in accordance with generally accepted standards of practice, and applicable federal, state, and local law and regulations. Will submit protocols defining the role of the peer specialist.
 - Available on-call, in the ER, and other settings, including home if needed.
 - Assist connecting individuals with natural supports, planning for psychiatric care, and developing wellness recovery plans.

Rehabilitation Support Services Initiative

- Key components Of RSS Crisis Diversion Program:
 - Embed licensed professional in CDPC's Crisis Unit to provide range of services aimed at ↓ BH Crisis/ED use.
 - Embedding licensed professional on ACDMH's Mobile Crisis Team to support real-time diversion.
 - Follow-up services for crisis callers who do not warrant a mobile crisis visit.
 - ↑ staffing by 1.5 FTE licensed professional and 1.5 FTEs Peer Specialists.
- Peer Specialist services:
 - Delivered in accordance with generally accepted standards of practice, and applicable federal, state, and local law and regulations. Will submit protocols defining the role of the peer specialist.
 - Overarching goal: Support individuals in the Crisis Diversion Program to avoid preventable hospitalizations, as appropriate.
 - Available 7 days per week, 11AM-7PM, for patients seen at CDPC crisis unit.
 - Available at CDPC, ACDMH's mobile crisis, and other settings
 - Provide support services during a crisis, including care planning.
 - Provide timely follow-up services, support for outpatient appointments, and additional linkages for treatment and care management services.

Transitional Services Association, Inc. Initiative

- Key components:
 - Enhanced Crisis Management Team (3FTEs):
 - Care Manager imbedded in Saratoga Hospital ED to provide/initiate care management services to patients in BH crisis
 - LPN Nurse Care Manager for short-term intensive support services after hospital/ED discharge
 - Peer Advocate provide supportive services during crisis as well as ongoing support w/ basic needs that contribute to emotional stability.
- Peer Services:
 - Delivered in accordance with generally accepted standards of practice, and applicable federal, state, and local law and regulations. Will submit protocols defining the role of the peer specialist.
 - Crisis support, including: advocate for individuals in crisis, and assist them communicate their needs to other services providers, and cope effectively with stress.
 - Support outpatient follow-up, as requested.
 - Provide supportive services post-crisis as needed to support constructive coping, crises, and potentially preventable ED/inpatient admission.

Mental Health Association of Columbia & Greene Counties Initiative

- Key components:
 - Expansion of mobile crisis program – MCAT
 - Implementation of Certified Peer Specialist model for crisis support services
- Certified Peer Specialist:
 - Delivered in accordance with generally accepted standards of practice, and applicable federal, state, and local law and regulations. Will submit protocols defining the role of the peer specialist.
 - Work w/ Mobile team: Assist connecting individuals in crisis with natural supports, planning for psychiatric care, and developing wellness recovery plans.
 - On-call and available 7 days/week, 14 hrs/day.

Thank you!

Please send any questions to

DSRIP@mail.amc.edu

Or visit our website: www.bhnnnypps.org