



# SIDNEY ALBERT TRAINING AND RESEARCH INSTITUTE

*Training by practitioners for practitioners to improve services for children, young adults, and families.*

## Developing Skills to Better Support the LGBTQ+ Community

### Effectively Working with and Advocating for LGBTQ+ Youth

September 8, 2022

This workshop helps participants identify developmental models used in assessing LGBTQ youth, as well as recognizing key terms and language important to respecting individuals in the LGBTQ community. Participants learn the difference between sexual orientation and gender identity and explore the process of coming out, along with some barriers related to the process. Intersectionality is also discussed, as well as best practices in working with and advocating for LGBTQ youth.

[Click here](#) to register for this September 8 course.

### Working with LGBTQ+ Adults

This workshop offers a broad overview of best practices for effectively working with LGBTQ adults throughout the lifespan. Participants learn the difference between sexual orientation and gender identity, review the concept of intersectionality, and explore relevant historical touchpoints for the LGBTQ community. The training reviews social, legal, and medical options for gender-affirming care. Clinical consideration including the Minority Stress Model, LGBTQ Affirming Therapy guidelines, and culturally responsive couples and family counseling are reviewed.

## Offerings for All Voluntary Foster Care Agency staff

Any individual working for a voluntary foster care organization is eligible to attend any OCFS-sponsored trainings. SATRI offers the following courses related to working with members of the LGBTQ+ community:

### Working with LGBTQ+ Youth

This training provides information about serving lesbian, gay, bisexual, and transgender youth, as well as sensitivity and humility during interactions and identifying and overcoming potential barriers to engagement with LGBTQ+ youth and their families.

### LGBTQ+ Refresher Training

This interactive discussion provides more seasoned providers with an opportunity to discuss their experiences/challenges/successes related to working with youth who are part of the LGBTQ+ community

[Click here](#) to register for OCFS-sponsored trainings.

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