

INTENSIVE AFTERCARE PREVENTION PROGRAM

The Intensive Aftercare Prevention Program (IAPP) at Northeast Parent & Child Society provides services to children and families in their homes and in their communities in concert with our mission of protecting children, preserving families, and strengthening communities. IAPP services are voluntary, and we serve families whose children are either at risk of being removed from their homes or are already in placement. The goals of the program are to prevent out-of-home placement for children, to provide a safe environment to return children already in placement, to prevent future out-of-home placement, and to reduce the risk of future child maltreatment.

There is no cost to families for IAPP services.

AVAILABLE SERVICES

Specific services offered by the IAPP master's level clinician and the bachelor's level clinical case manager include but are not limited to the following:

- Cognitive behavioral and family therapy to address parent–child issues
- Trauma informed care, particularly through the Attachment, Self-Regulation, and Competency (ARC) Model
- Couples and individual therapy
- Parenting skills training including child development
- Development and monitoring of behavioral plans in the home and school
- Skill building, including anger management, stress management, problem-solving training, and coping skills
- Supportive, concrete services, including assistance with transportation, budgeting, housing and household management issues
- Case planning
- School consultation

BENEFITS

- Intensive assistance with parent, child, and family issues within the family's home
- Improved opportunity for children to remain safely within their home, school, and community
- Parents become more understanding of and better prepared to manage their child's behaviors and emotional needs
- Flexible scheduling to meet family needs and on-call crisis support
- Available in Columbia, Fulton, Greene, Rensselaer, Saratoga, Schenectady, and Washington counties

Who can access services? In order for a family to be eligible for IAPP, the family needs to be involved with the local Department of Social Services.

How are services accessed? For more information, contact your local Department of Social Services or the following individuals:

Columbia County	Megan Stackelberg, M.A., Ed.S., Program Manager 518.477.9085, ext 7101 or Megan.Stackelberg@neparentchild.org
Greene County	Megan Stackelberg, M.A., Ed.S., Program Manager 518.477.9085, ext 7101 or Megan.Stackelberg@neparentchild.org
Fulton County	Tanya Starker, LCSW, Director of Family Services 518.346.1285, ext 7542 or Tanya.Starker@neparentchild.org
Rensselaer County	Megan Stackelberg, M.A., Ed.S., Program Manager 518.477.9085, ext 7101 or Megan.Stackelberg@neparentchild.org
Schenectady County	Tanya Starker, LCSW, Director of Family Services 518.346.1285, ext 7542 or Tanya.Starker@neparentchild.org
Saratoga County	Tanya Starker, LCSW, Director of Family Services 518.346.1285, ext 7542 or Tanya.Starker@neparentchild.org
Washington County	Tanya Starker, LCSW, Director of Family Services 518.346.1285, ext 7542 or Tanya.Starker@neparentchild.org

When are services available? Day and evening sessions, Monday through Friday, as well as 24-hour, on-call crisis support.