

## ALBANY PREVENTION PROGRAM

Parsons Child & Family Center's Albany Prevention Program provides comprehensive clinical, case management, and family support services to Albany County residents. Our goal is to effectively address the issues that place children and youth at risk for foster care or residential placement. We also help families reunite after a separation or placement.

We are dedicated to helping parents and children succeed by drawing on their natural strengths while offering individualized service plans. We work with families in their home, offer flexible scheduling, collaborate with other providers, and offer innovative treatment.

## **AVAILABLE SERVICES**

- Individual, parent-child, couples, and family therapy
- Trauma assessment and treatment
- Permanency planning
- Parenting skills training
- Supervised and therapeutic visitation in conjunction with permanency work
- Mental health, domestic violence, and anger management counseling
- Safety planning, skill-building, and problem-solving
- Case planning and collaboration
- Advocacy and referral
- Crisis intervention
- Assistance with meeting concrete needs for food, clothing, shelter, transportation, employment, and medical care
- Attendance and participation in Family Court, CPS, Probation, school and other meetings on request
- Workshops for parents and youth linking them to community resources

## **BENEFITS**

- Improving family connections and communication
- Optimizing a family's natural strengths to increase overall safety and well-being
- · Reducing stress and other risk factors
- Promoting resiliency and other protective factors
- Collaborating with other providers to maximize progress
- Linking families to other services and community supports

Who can access services? Albany County families with children from birth to age 18 who may be at risk for placement are eligible for services.

How are services accessed? The Albany Prevention Programs is funded by the Albany County Department of Children, Youth and Families (DCYF). Please contact Albany County DCYF at 518.447.7500 and speak with the prevention on-call worker.

When are services available? Services are available Monday through Friday with appointments scheduled to accommodate the family's school and work commitments.