

CARE CENTRAL AND CARE MANAGEMENT SERVICES FOR ADULTS

Care Central, a partnership between the Visiting Nurse Service of Schenectady and Saratoga Counties (VNS) along with other community organizations, has contracted with Parsons Child & Family Center to provide care management services to the residents of Schenectady and Saratoga counties. Care management is an innovative model of care that provides personalized clinical, community support and service coordination designed to improve the health and overall well-being of our adult community. These services are free, voluntary, and specially designed to assist and provide support to adults managing complex medical and/or behavioral health concerns.

AVAILABLE SERVICES

- Services for individuals with chronic medical and/or behavioral health conditions
- A single point of contact for healthcare and community service needs
- Communication with doctors to create an Individualized care plan
- Individual and family support, along with health promotion
- Referrals to community and social support services
- Services offered in the home or community, as preferred

BENEFITS

- Free care management services
- Assistance in scheduling medical appointments or help in finding a primary care provider
- Referrals to doctors and other medical specialists
- Support with social service needs (e.g., Medicaid, food stamps)
- Assistance in completing referrals and/or applications for housing
- Voluntary program

Who can access services? Adults (age 18 and older) who are Medicaid or be Medicaid eligible, reside in Schenectady or Saratoga County, are experiencing two or more chronic medical conditions, or have a mental health concern.

How are services accessed? Contact Parsons Adult Care Management Services at 518.431.1631, Monday through Friday 8:30 a.m. – 4:30 p.m.

When are services available? Services are available Monday through Friday with appointments scheduled to accommodate school and work commitments.