



Breakout Session A

Assessment of Psychotic Disorders

Instructor, Iruma Bello, PhD



About Breakout Session B

Diagnostic assessment of psychosis is a critical skill area that can lead to early identification and decreased delays to care. Research shows that there is a duration of untreated psychosis (DUP) of one to three years among individuals experiencing the onset of psychosis. Attendees will gain a valuable overview of psychotic symptoms present in a host of psychiatric disorders as well as psychosis induced due to substances or a medical condition, highlighting the importance of using effective assessment strategies to yield accurate diagnoses and providing feedback that conveys a message of hope and recovery.

About Dr. Bello

Iruma Bello, PhD, is a clinical psychologist, and has been the Clinical Training Director of OnTrackNY and Assistant Professor of Psychology in Psychiatry at the Columbia University Medical Center since 2015. Dr. Bello received her PhD in clinical psychology from the University of Hawaii at Manoa and completed her clinical internship and postdoctoral training at Massachusetts General Hospital, Harvard Medical School. She has a broad background in public-sector clinical psychology with specialized training in evidence-based practices and cognitive behavioral therapy. Over the last six years, Dr. Bello has focused on research and practice aimed at improving outcomes for individuals diagnosed with first episode psychosis. More recently, as the Clinical Training Director of OnTrackNY, she is responsible for effectively disseminating the OnTrackNY and OnTrackUSA treatment model.

Continuing Education Credits: 2