

Is your child...

- Spending too much time alone?
- More easily irritated or crying more than normal?
- Having problems focusing or sitting still?

SCHOOL-BASED BEHAVIORAL HEALTH

is the answer – right down the hall.

Our services are...

- Provided only by parent or guardian request
- Delivered by Northern Rivers staff licensed by the NYS Office of Mental Health
- A partnership between students, parents, clinicians, and school personnel
- Held right in the school, during the school day

Call one of our **Client Engagement Specialists at 518.426.2687**



I'm Taylor Rashkow, and I'm here to help

**Taylor (MacFarland) Rashkow, MHC-LP
School-Based Clinician**

Northern Rivers Family of Services

Ballston Spa School District
Milton Terrace North Elementary School
200 Wood Road, Ballston Spa, NY 12020
518.390.9341

I'm Sara O'Brien, and I'm here to help

**Sara O'Brien, LCSW
Lead Clinician and School-Based Coordinator**

Northern Rivers Family of Services

Ballston Spa School District
Milton Terrace North Elementary School
200 Wood Road, Ballston Spa, NY 12020
518.884.7210, ext. 3393



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