

SHARON MAHOTA

Chief Officer
Coordinated Care and
Community Solutions
Sharon.Mahota@nrfs.org

Services are available Monday through Friday with appointments scheduled to accommodate school and work commitments. For information, contact:

ADULT HEALTH HOME CARE MANAGEMENT:

TARA SHELDON

Supervisor Adult Health Home Care Management 518.414.4390 Tara.Sheldon@nrfs.org

CHILDREN'S HEALTH HOME CARE MANAGEMENT:

CATHY GAMSJAGER

Supervisor
Children's Health Home
Care Management
518.937.0421
Cathy.Gamsjager@nrfs.org

These services are provided by Northern Rivers Family of Services and member agencies.

Care Management

In order to help children, adults, and families get the most out of a complex healthcare system, Northern Rivers provides comprehensive Care Management services to Medicaid participants enrolled a Health Home. Care Management ensures that every client has both "voice and choice" when navigating the complex behavioral and physical healthcare system.

Each client receives personalized planning, community support and services coordination designed to improve health and overall wellbeing. These services are free, voluntary, and specially designed to assist and provide support to children, adults, and families managing chronic and/or acute medical and behavioral health concerns

Available Services

- Comprehensive care management
- · Care coordination and health promotion
- Comprehensive transitional care
- Individual and family support
- Referral to community and social support services
- Health information technology

Benefits

- Presence in 23 upstate counties that ensures continuity of care for a child, adult, or family who moves residences
- Standardized processes that provides ease of access to Local Departments of Social Services (LDSS) and community referrers
- Proven understanding of the unique needs of children and families
- Commitment to family-driven care (our model proposes coaching the family to manage their own care)
- Commitment to principles of Family Finding for disconnected youth
- Access to systemwide consultation for assistance with complex needs

Children's Health Home Care Management services are available to children from birth up to the child's 21st birthday who are or will be Medicaid eligible, reside in Albany, Clinton, Columbia, Essex, Delaware, Franklin, Fulton, Greene, Hamilton, Herkimer, Montgomery, Otsego, Rensselaer, Saratoga, St. Lawrence, Schenectady, Schoharie, Ulster, Warren, and Washington counties and the St. Regis Mohawk Reservation.

Adult Health Home Care Management are available to adults who are experiencing two or more chronic conditions, or HIV, or have a mental health concern, including severe emotional disturbance (SED) or are seriously and persistently mentally ill (SPMI).

