

YOUR
child,
YOUR
team,
ONE
location

Situated on Northern Rivers' historic Albany campus, the Behavioral Health Care Center serves families whose children have complex behavioral health needs or who experience a mental health crisis by bringing many of our existing services together under one roof. These services include screening, assessment, care management, crisis response, and treatment as needed, which allows us to better integrate our current behavioral health services with other critical forms of basic health and behavioral health care.

The facility also replaces our existing Residential Treatment Facility (RTF), a New York State Office of Mental Health (OMH)-licensed inpatient treatment program for children and adolescents. This new home for the RTF allows for more effective and intensive treatment interventions with enhanced community integration and family engagement that, as a result, supports children and youth to safely return to their homes and communities as soon as they are able to do so.

For updates on the progress of the Behavioral Health Care Center, visit www.northernrivers.org/CampusProject

NORTHERN RIVERS

Founded where the Mohawk and Hudson meet, like the rivers that shaped our region, Northern Rivers Family of Services helps change lives by shaping the future of those we serve throughout the Capital Region and beyond. Northern Rivers is a family of human services agencies that work together and are committed to helping children, adults, and families.

Formed in 2012, Northern Rivers is the parent organization to Northeast Parent & Child Society (founded in 1888 in Schenectady), Parsons Child & Family Center (founded in 1829 in Albany), and Unlimited Potential (founded in Saratoga Springs in 1979). Together we serve more than 16,000 children, adults, and families in more than 40 counties in New York state who struggle with abuse, neglect, trauma, mental health challenges, educational difficulties, career training and employment, and service navigation through an innovative continuum of home-, clinic-, school-, and community-based services, vocational rehabilitation, supported employment, and senior-supporting programs that provide person-centered, trauma-informed innovative solutions to ensure clients live their best lives.

With a 1,400-strong workforce and informed by our nearly 200-year heritage, our quality of care, depth of programs, combined size, and passion for the mission make us a leading human services provider.

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NORTHERN RIVERS

Life changing care since 1829

A New Approach



**BEHAVIORAL
HEALTH CARE
CENTER**



The Behavioral Health Care Center

THE CONCEPT

The Behavioral Health Care Center represents an innovative concept that changes the way children and families engage with the services delivery system, integrating services under one roof and improving communication and efficiency.

THE FACILITY

This 26,000-sq.-ft. one-story building includes two major areas: clinical services suites and residential suites.

THE SERVICES SUITES

- Therapy and counseling suite features licensed behavioral health professionals.
- Medical suite provides space for a health-care practitioner, psychiatrist, nurse practitioner, and/or registered nurse.
- Crisis management suite for our crisis triage and response teams.

- Suite for care managers who assess, refer, and link children and families to other services.
- Telemental health suite featuring state-of-the-art hardware and secure software to provide audio and video access to mental health services for individuals in care.

THE RESIDENTIAL SUITES

- Four living units, each featuring:
 - Five furnished single bedrooms
 - Shared living and activity areas
 - Two private bathrooms
 - A calm room specially designed to help children de-escalate during times of stress
- Medical office
- Meeting rooms for families
- Full-service kitchen with dining area for 48
- An interior courtyard and outdoor recreation space

THE RESULT

- **Residential Treatment Facility (RTF):** A contemporary, comprehensive residential mental health program for youth and young adults ages 12–21.
- **Short-term crisis stabilization:** One living unit includes overnight services for youth ages 12–17 who need intervention, but who are not at immediate risk for self-harm.
- **Mobile Crisis Services teams:** Rapid-response interdisciplinary teams that address mental health crises for children and adults in the home, school, and community.
- **Health Home Care Management:** Guidance, support, and assessment for children who may be eligible or who are already enrolled in a Health Home system.
- **Behavioral Health Center:** With the capacity for integrated primary care and the potential to integrate other services, the clinic incorporates psychological assessments, primary care, and substance abuse screening.