

# NORTHERN RIVERS

NORTHEAST PARENT & CHILD SOCIETY  
PARSONS CHILD & FAMILY CENTER

*SATRI Training & Research*

## TRAINING NEWS LINK

**August 2018 - September 2018**

**SATRI** is pleased to welcome Timothy Gallop, BA as the newest member of our training team! Tim draws on years of experience in working with Children and Families at risk. His areas of expertise are crisis de-escalation, family engagement, and effective service provision.

Tim joined the organization in 2010, working as a senior residential counselor under the Parsons affiliate with youth in the foster care system. In 2013, Gallop accepted a position working as a waiver service provider in the Bridges to Health Program at Parsons Child and Family Center, where he furthered his skill set in working individually with youth at risk, supporting them at maintaining in the lowest level of care possible. Over the last year, Tim continued his work with Parsons in the Health Home program.

In this Issue:	Page
Intro/Training	1
Internal Trainings	2-3
Trauma Informed Care Workgroup	4-5
Online Training Options	6
External Training	7-9



### Baseline Coding of CANS-NY

This course is designed to improve the quality of the data being used to make service and treatment decisions and demonstrate how an accurately coded Baseline CANS can be used to demonstrate client progress.

**September 24, 2018** –Baseline Coding of CANS– NY 8:30am-12:30pm at SATRI (4 CEU's)

## Internal Trainings

### TCI Training (Therapeutic Crisis Intervention)

Updates are due every 6 months. SATRI is working diligently to keep staff in compliance with their mandatory trainings. We are now facilitating TCI updates for all residential staff in March and September and school staff in April and October. In the event that you missed all opportunities for an update within your sections assigned month, you may participate in day 4 of the full TCI training. **Any staff who receives an update in this manner will need to participate again with the rest of their program during the assigned month in order to get them into the proper training rotation.** Please contact SATRI at [StaffTraining@northernrivers.org](mailto:StaffTraining@northernrivers.org) if you need to be included in the day 4 of TCI .

Full TCI:                      Must attend all four days.

**August 9, 10, 16 & 17, 2018** - TCI Full Training 8:30am-4:30pm at SATRI

**September 13, 14, 20 & 21, 2018** - TCI Full Training 9:00am-5:00pm at the Children's Home Schenectady

TCI updates:

**September 5, 2018** –TCI Update 9:00am –3:00pm at Children's Home Schenectady

**September 11 and September 12, 2018** -TCI Update 5:30pm to 9:00 (Must Attend Both Days) at SATRI

**September 13, 2018** –TCI Update 9:00am –3:00pm at SATRI

**September 19, 2018** –TCI Update 9:00am –3:00pm at Children's Home Schenectady

**September 25, 2018** –TCI Update 9:00am –3:00pm at SATRI

### First Aid/CPR

**August 13, 2018** -First Aid/CPR 9:00am-3:00pm at SATRI

**September 17, 2018** -First Aid/CPR 9:00am-3:00pm at SATRI

### DASA

**August 27, 2018** - DASA 9:00am-4:00pm at SATRI

## *Internal Trainings*

### Clinical

**August 9, 2018**– Cognitive Behavioral Therapy (CBT) 9:00am-4:00pm at SATRI and  
**August 10, 2018**– Cognitive Behavioral Therapy (CBT) 9:00am-12:00pm at SATRI (**You must attend both days**)

**August 14, 2018** -Trauma Informed Care 9:00am-12:00pm at SATRI (3 CEU;s)

**August 14, 2018** -Person Centered Care 1:00pm-4:00pm at SATRI (3 CEU's)

**September 7 and 14, 2018** Foundations of Care 9:00am-4:30pm at SATRI (You much attend both days) (**14 CEU's**)

**September 20, 2018** –Child & Adolescent Development 9:00am-4:00pm at SATRI (6 CEU's)

**September 21, 2018** –Essentials of Assessment: Attachment 9:00am-12:00pm at SATRI (3 CEU's)

**September 28, 2018** –Essentials of Assessment: Permanency 9:00am-12:00pm at SATRI (3 CEU's)

### SafeTALK

**August 22, 2018** –SafeTALK 9:00am-12:00pm at SATRI (**3 CEU's for LMSW & LCSW only**)

### Med Admin

**September 6, 2018** - Med Admin 9:30am-11:00am at SATRI

### Supervision for Success (S4S)

**September 25, 2018; October 30, 2018; & November 20, 2018 (MUST ATTEND ALL 3 DAYS)** - Supervision for Success 9:30am-4:00pm at SATRI (**18 CEU'S**)

### Youth Mental Health First Aid

**September 27, 2018** - Youth Mental Health First Aid 8:30am-4:30pm at SATRI

### Stereotypes in the Workplace

**September 28, 2018** - Stereotypes in the Workplace 12:00pm-1:00pm at SATRI

## Trauma Informed Care Workgroup

### Trauma Informed Care Workgroup August Newsletter



#### FOCUS: Burnout vs. Compassion Fatigue

People who work in the mental health field are often very passionate and dedicated to helping others that they tend to forget to take care of themselves and/or feel guilty about taking some time for themselves. The focus of this month's newsletter is to help spread the understanding between compassion fatigue and burnout. These are common concepts that anyone in a care-giving role should be aware about especially when working with clients with complex trauma.

## Compassion Fatigue vs Burnout

Compassion Fatigue is NOT "burnout".

- Burnout is associated with stress and hassles involved in your work; it is very cumulative, is relatively predictable and frequently a vacation or change of job helps a great deal.

Compassion Fatigue is very different.

- Compassion Fatigue is a state of tension and preoccupation with the individual or cumulative trauma of clients as manifested in one or more ways including re-experiencing the traumatic event, avoidance/numbing of reminders of the event, and persistent arousal. Although similar to critical incident stress (being traumatized by something you actually experience or see), with CF you are absorbing the trauma through the eyes and ears of your clients. It can be thought of as secondary post-traumatic stress.

(Ace Network [www.ace-network.com](http://www.ace-network.com))

## Trauma Informed Care Workgroup Cont.

ACTIVITIES:

SUCCESS STORY:

<https://www.bing.com/videos/search?q=vicarious+trauma&view=detail&mid=98A4FE85C5FBA5772A7198A4FE85C5FBA5772A71&FORM=VIRE>

ADDITIONAL RESOURCES:

[www.compassionfatigue.org/pages/healthprogress.pdf](http://www.compassionfatigue.org/pages/healthprogress.pdf)

QUOTE:



## Online Training Options

SATRI is committed to providing multiple options for the Northern Rivers Workforce to meet training requirements and increase proficiency in the most efficient ways possible. In order to do so, we continue to increase the number of training options available to staff electronically through the learning management system. Below please find a detailed list of all of our electronic course offerings. If you have any questions about any of these offerings, or suggestions for topics to add, please feel free to contact Jillian Gecewicz at [Jillian.Gecewicz@nrfs.org](mailto:Jillian.Gecewicz@nrfs.org).

# Online Training Options

Orientation & Mandatory Trainings	Physical Health
<ul style="list-style-type: none"> <li>· BBP/Hazcom</li> <li>·</li> <li>· Compliance Training &amp; Expectations for affected parties (DSRIP)</li> <li>·</li> <li>· HIPAA Privacy</li> <li>·</li> <li>· Core Principles</li> <li>·</li> <li>· Corporate Compliance</li> <li>·</li> <li>· General Workplace Safety</li> <li>·</li> <li>· HR Fair Policy treatment</li> <li>·</li> <li>· Mandated Reporter</li> <li>·</li> <li>· NRFS Emergency Response Plan</li> </ul>	<ul style="list-style-type: none"> <li>· Asthma</li> <li>·</li> <li>· Childhood Obesity</li> <li>·</li> <li>· Diabetes</li> <li>·</li> <li>· Health Across Cultures</li> <li>·</li> <li>· Immunizations</li> </ul>
Trauma	Diversity
<ul style="list-style-type: none"> <li>· Sanctuary modules 1-8</li> <li>·</li> <li>· Sexual Development and Behavior in Children</li> <li>·</li> <li>· Trauma Informed Care</li> <li>·</li> </ul>	<ul style="list-style-type: none"> <li>· Culturally Competent treatment</li> <li>·</li> <li>· Family Structures</li> <li>·</li> <li>· Recognizing and Understanding Cultural Diversity</li> <li>·</li> <li>· LGBTQ Youth</li> <li>·</li> </ul>
External Required Trainings	Special Interests
<ul style="list-style-type: none"> <li>· Outreach &amp; Engagement</li> <li>·</li> <li>· Communication Skills &amp; Behavioral Supports</li> <li>·</li> <li>· Interaction with B2H &amp; Child Welfare</li> <li>·</li> <li>· Supporting normative experiences: applying the reasonable and prudent parent standards</li> <li>·</li> <li>· Awareness &amp; Personal Safety when working in the community</li> <li>·</li> <li>· Meeting Facilitation</li> </ul>	<ul style="list-style-type: none"> <li>· Suicide awareness, prevention, screening, treatment</li> <li>·</li> <li>· Child &amp; Adolescent Development</li> <li>·</li> <li>· Person Centered Planning</li> <li>·</li> <li>· Understanding Professional Boundaries</li> </ul>

## External Training

Advancing Race Equity takes all of us.

<https://bit.ly/MoveItForward>

Please contact Yvette Dickson, (518) 473-3652, [yvette.dickson@ccf.ny.gov](mailto:yvette.dickson@ccf.ny.gov) with any questions regarding this event.



### Advancing Race Equity - Move It Forward

#### When

Tuesday, September 25, 2018 from 9:00 AM to 4:00 PM EDT

#### Where

**NYS Museum - Huxley Auditorium**

22 Madison Avenue  
Albany, NY 12230

Dear Colleague,

**Join the effort to advance race equity and attend the NYS Council on Children and Families' upcoming symposium. Be part of the group that moves race equity forward.**

Our keynote speaker, Professor **john a. powell**, Director of the Hass Institute for a Fair and Inclusive Society is an internationally recognized expert in the areas of civil rights, civil liberties and a wide range of issues including race, structural racism, ethnicity and poverty. He is one of the world's most important thinkers and scholars on civil and human rights.

Join us for an engaging, informative day and learn how to move race equity forward in your organization.

Register at:

<https://bit.ly/MoveItForward>

Please contact Yvette Dickson, (518) 473-3652, [yvette.dickson@ccf.ny.gov](mailto:yvette.dickson@ccf.ny.gov) with any questions regarding this event.

Thank you for your interest and we look forward to seeing you at this exciting event!

Sincerely,

NYS KIDS COUNT

NYS Council on Children and Families, 52 Washington Street, West Building, Suite 99, Rensselaer, NY 12144

## *External Training*



### **innovaTel Telepsychiatry: Back to School: Helping Children and Parents**

**Date:** Thurs., August 16, 2:00 p.m. ET

**Register:** <https://attendee.gotowebinar.com/register/5332024856885869315>

August is back-to-school month, and starting a new school year is exciting, but can come with mental health challenges for students, teachers, parents and caregivers alike. The importance of initiating back-to-school routines, a positive mindset and leading by example can help make the transition back-to-school much easier.

Dr. Philip Liu, Child and Adolescent Psychiatrist, will discuss methods for preparing families for returning back-to-school. Dr. Liu will also discuss specific issues such as cell phone and social media usage, bullying and why children refuse/ have anxiety about school. He offers approaches and solutions to the different situations.

If you are a mental health professional that works closely with school age children, this webinar is sure to help you prepare your patients and their families for back-to-school and how to face challenges throughout the year.

### **SAMHSA Webinar Series Telebehavioral Health**

#### **Webinar 1: Telebehavioral Health and the Consumer**

**Date:** Wed., August 15, 2:00 p.m. ET

**Register:** <https://attendee.gotowebinar.com/register/2741231314309095939>

Are you a consumer of behavioral health services, but are sometimes challenged to access them? Do you live in a remote area? How can you find a qualified online therapist? How do you make sure your private information remains confidential?

Consumers of behavioral health services, especially those in sparsely-populated regions or those who have difficulty getting to a provider, should become aware of how this technology can improve access to care. Webinar participants will learn what kinds of issues can be safely addressed by an online therapist, how they can find a qualified online therapist, how to ensure the information they share remains confidential, and what they can expect to pay for a good online therapist.

#### **Webinar 2: Telebehavioral Health – What Every Provider Needs to Know**

**Date:** Tues., August 21, 2:00 p.m. ET

**Register:** <https://attendee.gotowebinar.com/register/434663726932731651>

Are you a provider of behavioral health services, but are interested in expanding to telebehavioral health? Do you already use telebehavioral health but are unsure of some of the legal, ethical or technical issues?

As telebehavioral health becomes more widespread, providers will need to become aware of several issues that govern the successful provision of online services. Webinar participants will learn about the important legal issues that relate to telehealth (e.g., licensure, informed consent, privacy/confidentiality); ethical issues (e.g., competencies, documentation, marketing); clinical issues (e.g., assessment/screening, boundaries/telepresence, handling emergencies); technical issues (e.g., technology/platform choices, cybersecurity, handling repairs); and other related information.



## External Training

**acrc** ASSOCIATION OF CHILDREN'S RESIDENTIAL CENTERS

*together, the voice*

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# The Rational Use of Psychotropic Medications with Children and Youth

Thursday, August 23, 2018 • 10am-3pm, Lunch is Included  
Lake Avenue Church • 393 N Lake Ave, Pasadena, CA

Park free in church's  
unmarked spaces



This presentation, stemming from ACRC's 12 position paper, builds on the previous papers in the Redefining Residential Series to address psychotropic medication use in children and youth. This presentation will discuss the importance of establishing efficient methods of measuring response and communication within a multidisciplinary treatment setting. In addition, a critical analysis of the evidence for use of psychotropic medication with children and youth will be explored, examining the complications of

multiple medication use and the ever-increasing complexity of youth entering care or at risk of entering care. Finally, discussion will include the influence of combined treatments and issues in monitoring outcomes across these dynamic treatment settings.

Presenter: Robert Foltz, Psy.D.  
Assistant Professor of Clinical Psychology  
Child & Adolescent Track Faculty Member  
Chicago School of Professional Psychology

Register online at  
[togetherthevoice.org/event/rational-use](http://togetherthevoice.org/event/rational-use).

For questions email Amanda at  
[aprang@togetherthevoice.org](mailto:aprang@togetherthevoice.org)

Attendance is Complimentary  
NASW CEUs \$25 (4 credit hours)

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