

PARENT EFFECTIVENESS AND INTERVENTION PROGRAM

Northeast Parent & Child Society's Parent Effectiveness and Intervention Program (PEIP) integrates a classroom setting, where an evidence-based parenting curricula, Active Parenting Now and Incredible Years, are presented, with home-based parent education and support. This model ensures that parents are provided key parenting skills and can implement those skills in the home. The parenting services are provided by specially trained and experienced clinical professionals. The premise is that teaching effective parent management skills and providing home-based support helps prevent abuse and neglect and reduces the need for placement. Classes are provided for parents of children from birth to age 1, ages 1–3, ages 4–12, and adolescents.

AVAILABLE SERVICES

- Thorough assessment of parenting needs and recommendations based on these needs
- Curriculum-based parent education instruction/ classes
- Classes for various ages
- Home-based parent education follow-up and intervention
- Child care including social skills groups are available as needed during class time
- Teen psychoeducational groups are available as needed during class time
- Infants accompany parents in the birth to age 1 class
- Transportation assistance is available as needed for parenting classes

BENEFITS

- Classroom instruction and home-based follow-up on parenting needs and interventions
- Classes that address parent and child needs at key developmental milestones
- Curriculums that address child development; parenting styles; nonviolent discipline skill-building; setting rules that are appropriate for the child's level of development; using encouragement to help children learn positive behavior and parent self-care
- Additional topic material is included, as needed, and may include information on Shaken Baby Syndrome, early intervention services, nutrition, media influences, and substance use (including secondhand smoke)
- Other community service providers with expertise in relevant areas present information as needed
- Improved opportunity for children to remain safely within their home, school, and community
- Parents become more understanding of and better prepared to manage their child's behaviors and emotional needs
- No cost to families

Who can access services? PEIP services are available to residents of Columbia County who are interested in parenting skills education. The program accepts referrals from the Columbia County Department of Social Services, community service providers, and interested parents/caregivers.

How are services accessed? For more information, contact

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When are services available? Day and evening home-based sessions are available Monday through Friday. Classes are offered on specific evenings Monday through Friday.